

# Pure Leadership

Excerpt from *Change is Natural*

Chapter 25

“Clearing your field for more of what  
you want to come into your life”

Jas Malcolm

**I**n writing these books I have to pause every so often and just take a deep breath and say “wow this is big.” That’s how I feel about forgiveness.

Remember, in managing your field you want to avoid creating negative energy in your field through low vibration acts like judging, blaming, and gossiping. You also want to clear out energy that is already in your field and not serving you. I’ll tell you the science of this at the end of this short chapter.

So, how about that guy George that you judged over the years? You now know that what you judge you become. Do you want to become like George? Probably not, or you wouldn’t have judged him. So yes, you want to expressly forgive George.

Infinite Creator, I forgive George.

Well, this is a start but you could do a better forgiveness. How about if you forgive George and wish him well on his journey? Yes, that’s much better. Often I hear people forgiving someone on one hand, and wishing that something negative happens to them on the other. Kind of, “I forgive you but I hope you get what you deserve.” Well remember that what you wish for others will come back on you energetically. Therefore, you’d be better off to meaningfully say, “Infinite Creator, hear me now. I hereby forgive George and I wish George well in all of his future endeavours.” The universal laws already guarantee that George will continue to experience what he has to experience in order to learn his lessons, so you can sleep well wishing him well and receiving this positive well-wishing energy back in your life.

This forgiveness aspect is big. Take a moment and perhaps even make a list of everyone you can forgive. If you’re like me, the original list becomes quite long. Remember everyone in your life is providing you a mirror to learn from. They’re providing a service to you. You don’t have to like them but you are to honor and respect them. When you’ve learned your lesson they’ll leave your life. Remember, the people I’ve viewed as being negative were actually helping me! Awareness.

If you’re struggling to make your list of people to for-

give I'll give you a jump start. Forgive the bankers who gave you loans, forgive the credit card companies, forgive the mortgage companies, forgive your employer, forgive school teachers, forgive, forgive, and wish them all abundance and prosperity. Of course, the number one person to forgive is yourself. Me thinks you've been judging yourself continually for a long, long time. I can't tell you how important this realization is. Some may think it silly, but forgiving yourself and others is freeing.

What will keep you at a low vibration is guilt and shame. Guilt, shame, and fear is what dissolves, disintegrates, and disempowers. Forgive and forgive some more.

And, when you're finished forgiving you want to go home and throw out anything that doesn't bring you joy. If it's the scarf aunt Martha gave you for Christmas that you never did like it, how about giving it to someone who could get joy from it? When you've cleaned out your home and your garage then you can go to the office and do the same thing.

The science of this is profound. Just as burning off a belief creates a vacuum, so does forgiving. When you move stuff out of your physical space that isn't giving you joy its making room for new stuff to come in. Same with the vacuum created by forgiveness. You're making room in your energy field for new high energy information to enter. Make forgiveness energy part of your ever-present conscious energy.

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**Pure Leadership** *is about clearing your field of low vibration to make room for the high vibration energy to flow in.*

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